

Free Resources

# The School Holiday Activity Kit

Everything you need to keep your child's mind, heart, and hands meaningfully busy this school holiday, all in one place.



30-Day Activity Calendar



Star Chart Reward System



30 Morning Affirmations



Reflection Prompt Cards

## 30 DAY ACTIVITY CALENDAR

# One Activity a Day. All Holiday Long.

Stick this on your fridge. Let your child tick off each day. One activity a day. That's all it takes to keep them occupied.

● Islamic & Spiritual ● Creative & Arts ● Outdoor & Active ● Cognitive ● Life Skills

DAY	ACTIVITY	CATEGORY
1	Paint rocks with patterns & hide them around the neighbourhood	Creative
2	Memorise a new du'a & learn its meaning	Islamic
3	Build an obstacle course in the garden	Outdoor
4	Try hand lettering or calligraphy with a brush pen	Creative
5	Solve a 100-piece puzzle	Cognitive
6	Cook a full meal from scratch (plan, shop, cook!)	Life Skills
7	Go on a nature scavenger hunt — collect & label what you find	Outdoor
8	Read the tafsir of one ayah & journal your reflection	Islamic
9	Try watercolour painting — paint what you see outside your window	Creative
10	Write & illustrate your own short comic strip	Creative
11	Learn to sew on a button or stitch a simple pattern	Life Skills
12	Play chess, Catan, or any strategy board game	Cognitive
13	Visit a park — sketch 3 things you observe	Outdoor
14	Learn the stories behind 10 of the 99 Names of Allah	Islamic
15	Try origami — attempt 3 different folds	Creative

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DAY	ACTIVITY	CATEGORY
16	Design your dream bedroom on paper — floor plan included	Cognitive
17	Cycle, skate, or learn a new physical skill outside	Outdoor
18	Write a letter to your future self (seal & date it)	Life Skills
19	Watch an Islamic history documentary & write 5 facts	Islamic
20	Try a new craft — friendship bracelets, clay, or weaving	Creative
21	Solve 15 logic puzzles or math challenges	Cognitive
22	Do a sunrise or sunset walk & make du'a outdoors	Outdoor
23	Teach a younger sibling or cousin one new skill	Life Skills
24	Create a vision board — cut, paste, colour it in	Creative
25	Read a biography of a Muslim scholar or Sahabah	Islamic
26	Build something — with LEGO, cardboard, or wood scraps	Cognitive
27	Plant something — a seed, herb, or small succulent	Outdoor
28	Bake something you've never tried before	Life Skills
29	Design & colour your own Islamic geometric pattern	Creative
30	Reflect: Write 3 things you learned, made & felt this June	Life Skills

## REWARD SYSTEM

# My School Holiday Star Chart.

Every activity completed = one star earned.  
Colour in your star for the day, and watch the month fill up!

*"And whoever does an atom's weight of good will see it." — Surah Az-Zalzalah, 99:7*

DAY 1 ★	DAY 2 ★	DAY 3 ★	DAY 4 ★	DAY 5 ★	DAY 6 ★
DAY 7 ★	DAY 8 ★	DAY 9 ★	DAY 10 ★	DAY 11 ★	DAY 12 ★
DAY 13 ★	DAY 14 ★	DAY 15 ★	DAY 16 ★	DAY 17 ★	DAY 18 ★
DAY 19 ★	DAY 20 ★	DAY 21 ★	DAY 22 ★	DAY 23 ★	DAY 24 ★
DAY 25 ★	DAY 26 ★	DAY 27 ★	DAY 28 ★	DAY 29 ★	DAY 30 ★

STARS EARNED

SUGGESTED REWARD

★ 7 Stars

Choose tonight's dinner

★★ 15 Stars

A special outing of their choice

★★★ 22 Stars

Stay up one hour later on a weekend

★★★★ 30 Stars

Big celebration — you decide together!

### MILESTONE REWARDS

Customise these rewards to suit your child. The goal is to celebrate effort, not just completion.

## MORNING AFFIRMATIONS

# Start Each Day with Intention.

Read one affirmation aloud every morning right after Fajr or at the breakfast table. Consistency over perfection.

👉 *Speak good or remain silent.*

— Prophet Muhammad ﷺ (Bukhari) · What we say to ourselves shapes who we become.

### DAY 1

I am created by Allah, and that makes me enough.

### DAY 2

I choose kindness today, even when it's hard.

### DAY 3

My brain grows stronger every time I try something new.

### DAY 4

I am patient. Good things take time.

### DAY 5

I make my parents proud by how I treat others.

### DAY 6

Allah sees every good thing I do, even when no one else does.

### DAY 7

I am curious. I love to learn.

### DAY 8

I am brave enough to try things that feel difficult.

### DAY 9

I treat people the way I want to be treated.

### DAY 10

My creativity is a gift from Allah. I will use it.

### DAY 11

I am a good friend. I listen before I speak.

### DAY 12

I am grateful for what I have today.

### DAY 13

I make my community better just by being in it.

### DAY 14

Allah's names are beautiful. I want to know them all.

### DAY 15

I don't give up when things get hard. I ask for help.

### DAY 16

I am a problem-solver. I look for solutions, not excuses.

### DAY 17

My body is an amanah. I take care of it.

### DAY 18

The words I write today could matter to someone someday.

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### DAY 19

I come from a long line of people who loved Allah.

### DAY 20

I create things that reflect the beauty Allah put in me.

### DAY 21

Challenges make me stronger. I welcome them.

### DAY 22

Nature is full of Allah's signs. I pay attention.

### DAY 23

Teaching others is one of the best things I can do.

### DAY 24

I have a vision for my life and I am working towards it.

### DAY 25

The stories of those before me teach me who I want to be.

### DAY 26

I build things. I don't just consume.

### DAY 27

I take care of the earth because Allah made me its steward.

### DAY 28

I am capable of learning new skills at any age.

### DAY 29

Beauty and faith are not opposites — they belong together.

### DAY 30

**I grew this holiday. I am not who I was on Day 1.**

## DAILY REFLECTION PROMPTS

# One Question a Day. All Holiday Long.

Pick one prompt each evening, over dinner, before bed, or during a quiet moment together. There are no wrong answers. The goal is simply to help your child pause and think.

### DAY 1

What was one thing you did today that made you feel proud of yourself?

### DAY 2

Did you find today's activity hard or easy? What surprised you?

### DAY 3

If you could teach someone else what you did today, what would you say?

### DAY 4

How did today's activity connect to something you already knew or loved?

### DAY 5

What is one thing you want to get better at after today?

### DAY 6

Did you help or think of anyone else today? How did that feel?

### DAY 7

What is something beautiful you noticed today – big or small?

### DAY 8

Was there a moment today when you wanted to give up? What kept you going?

### DAY 9

How did today's activity make you feel about Allah's creation?

### DAY 10

What would you do differently if you did today's activity again?

### DAY 11

Who in your life would have enjoyed doing today's activity with you?

### DAY 12

What is one thing you are grateful for that you noticed today?

### DAY 13

Did today's activity teach you anything about patience? What was it?

### DAY 14

If today had a colour, what would it be and why?

### DAY 15

What is one thing today reminded you to be more careful or thoughtful about?

### DAY 16

How did you feel before starting today – and how do you feel now?

### DAY 17

Did you discover anything new about yourself today?

### DAY 18

What is one kind thing you could do for someone in your family tomorrow?

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### DAY 19

What is something from today that you want to remember when you're older?

### DAY 20

Did anything feel unfair or frustrating today? How did you handle it?

### DAY 21

What would the Prophet ﷺ say about how you spent your time today?

### DAY 22

What did you create, build, or make today — even if it was just an idea?

### DAY 23

How did today's activity connect to something in your deen?

### DAY 24

Is there something you learned today that changed the way you see things?

### DAY 25

What is one habit you want to keep going after the holidays end?

### DAY 26

Who would you like to share today's experience with, and why?

### DAY 27

What does today's activity teach you about taking care of something over time?

### DAY 28

What is one thing you did today that made someone else smile?

### DAY 29

How have you grown since Day 1 of June? Name one way, big or small.

### DAY 30

If this June had a title, like a book or a story, what would you call it?

## FOR PARENTS!

These prompts work best as conversations, not as questionnaires. Share your own answer first! It gives your child permission to think about their response. Even a two-minute exchange at the dinner table is enough. Keep it light and conversational!

Loved this kit?

# Imagine this every weekend.

At SimplyIslam's Weekend Madrasah, your child gets structured Islamic learning, real mentorship, and a community that helps them grow all year round.

- ✓ Structured Islamic curriculum built for children in SG
  - ✓ Mentors who invest in your child's growth
    - ✓ Weekend classes only
    - ✓ English-based instruction

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