



# Ramadan

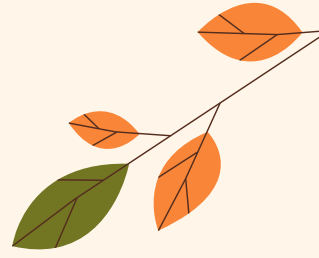
## DAILY PLANNER

[simplyislam.sg](http://simplyislam.sg)

"Whoever observes fasts during the month of Ramadan out of sincere faith, and hoping to attain Allah's rewards, then all his past sins will be forgiven"

- Prophet Muhammad ﷺ





## IN THE NAME OF ALLAH, THE MOST GRACIOUS, THE MOST MERCIFUL

Blessings be upon the Beloved Prophet Muhammad ﷺ, his beloved family and companions. Alhamdulillah, all praises be to Allah, our Lord and Creator, for all His Blessings and His Mercy, and His guidance that leads our love toward Him, and His Beloved Messenger, Sayyiduna Muhammad ﷺ, his family and companions.

Alhamdulillah, Ramadan is approaching and this is your chance to make the most of your days filled with sincere intentions, good thoughts, speech and actions. Ramadan is the blessed month for us not only to abstain ourselves from eating and drinking, but from other major and minor vices such as backbiting, lying, anger and more.

This is the month for us to observe with patience, and remember dear reader, that Allah Almighty is with the patient. Hence, we hope that this Ramadan planner will help you set your personal goals according to your ability and preference, track your progress, and achieve excellence by the time Ramadan is over, Insha'Allah.

Remember, you are unique. Do not compare yourself with others, and Allah Almighty Sees all your effort that you put into becoming the best version of yourself. Have a great Ramadan, and may Allah Almighty grant you His Divine Blessings, Mercy and Heavenly Care, Amin ya Rabbal 'Alamin.

Let's start planning towards excellence!



# Ramadan DU'AS JUST FOR YOU

"When my servants ask you concerning me, (tell them) I am indeed close (to them). I listen to the prayer of every suppliant person when he calls on me." (Quran, 2:186)

## WHEN IS THE BEST TIME TO MAKE DU'A?

1

THE LAST THIRD  
OF THE NIGHT

2

BETWEEN ADHAN  
AND IQAMAH

3

WHILE IN  
SUJOOD

4

AN HOUR  
ON FRIDAY

5

LAYLAT AL-QADR

6

AFTER OBLIGATORY  
SALAH

7

WHEN IT  
IS RAINING

8

WHILE  
TRAVELLING

# Ramadan DU'AS JUST FOR YOU

اللَّهُمَّ بَارِكْ لَنَا فِي رَجَبٍ، وَشَعْبَانَ، وَبَلِّغْنَا رَمَضَانَ

"O Allah make the months of Rajab and Sha'ban blessed for us and let us reach the month of Ramadan."

(Musnad Imam Ahmad)

اللَّهُمَّ سَلِّمْ لِي مِنْ رَمَضَانَ، وَسَلِّمْ رَمَضَانَ لِي، وَتَسَلِّمْهُ مِنِّي مُتَقَبَّلًا

"O Allah preserve me for Ramadan, safeguard Ramadan for me and accept it for me."

(narrated by Imam At-Tabrani)



## INTENTION OF FASTING



سَوَيْتُ صَوْمَ غَدٍ عَنْ أَدَاءِ فَرْضِ شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

"I intend to do obligatory fast tomorrow in the month of Ramadan this year because of Allah."



## DU'A WHEN BREAKING FAST



اللَّهُمَّ إِنِّي لَكَ صُيِّمْتُ وَبِكَ آمَنْتُ وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

"O Allah! I fasted for You and I believe in You and I put my trust in You and I break my fast with Your sustenance."



## DU'A AFTER TARAWIH PRAYERS



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ. الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى أَشْرَفِ الْأَنْبِيَاءِ  
وَالْمُرْسَلِينَ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ أَجْمَعِينَ

اللَّهُمَّ اجْعَلْنَا بِالْإِيمَانِ كَامِلِينَ، وَلِلْفَرَآيِضِ مُؤَدِّينَ، وَلِلصَّلَاةِ حَافِظِينَ، وَلِلزَّكَاةِ فَاعِلِينَ،  
وَلِمَا عِنْدَكَ طَالِبِينَ، وَلِعَفْوِكَ رَاجِينَ، وَبِالْهُدَى مُتَمَسِّكِينَ، وَعَنِ اللَّغْوِ مُعْرِضِينَ، وَفِي الدُّنْيَا  
زَاهِدِينَ، وَفِي الْآخِرَةِ رَاجِينَ، وَبِالْقَضَاءِ رَاضِينَ، وَبِالنَّعْمَاءِ شَاكِرِينَ، وَعَلَى الْبَلَاءِ  
صَابِرِينَ، وَتَحْتَ لَوَاءِ سَيِّدِنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَوْمَ الْقِيَامَةِ سَائِرِينَ، وَإِلَى الْحَوْضِ  
وَارِدِينَ، وَفِي الْجَنَّةِ دَاخِلِينَ، وَمِنَ النَّارِ نَاجِينَ، وَعَلَى سِرِيرَةِ الْكَرَامَةِ قَاعِدِينَ، وَبِحُورِ  
عَيْنٍ مُتَزَوِّجِينَ، وَمِنْ سُندُسٍ وَاسْتَبْرَقٍ وَدِيْبَاجٍ مُتَلَبِّسِينَ، وَمِنْ طَعَامِ الْجَنَّةِ آكِلِينَ، وَمِنْ  
لَبَنٍ وَعَسَلٍ مُصَفًّى شَارِبِينَ، بِأَكْوَابٍ وَأَبَارِيقٍ وَكَأْسٍ مِنْ مَعِينٍ، مَعَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ  
مِنَ النَّبِيِّينَ وَالصِّدِّيقِينَ وَالشُّهَدَاءِ وَالصَّالِحِينَ، وَحَسُنَ أُولَئِكَ رَفِيقًا، ذَلِكَ الْفَضْلُ مِنَ اللَّهِ  
وَكَفَى بِاللَّهِ عَلِيمًا، وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

"In the name of Allah the Most Gracious and Most Merciful. Praise be to the Lord of all the Worlds, prayers and salutations be upon the noblest of all the prophets, our leader (Sayyiduna) Muhammad ﷺ, and upon his entire family and companions."

"O Allah make us from those who have complete faith, perform all obligations, guard their prayers, give zakat, seek that which is due from You, hope for Your forgiveness, hold on firmly to guidance, turn away from futile acts, show no interest for worldly pleasures, desire the life of the hereafter, are pleased with the divine decree, are thankful for Your blessings, are patient during trials, would walk under the flag of our leader (Sayyiduna) Muhammad ﷺ. on the Day of Judgement, would arrive to the Prophet's ﷺ well (in the hereafter), would enter the Paradise, would be saved from the hellfire, would sit on the honoured mattresses (of paradise), would be married to the companions of Paradise, would be adorned with garments (of paradise) from Silk and Brocade, would eat from the food of Paradise, would drink from the milk and pure honey in the cups and goblets from the fountain of clear-water, in the company of those You bestow blessings upon them from amongst the Prophets, the righteous, the martyrs and the pious and what a great company do they make, and it is sufficient that Allah is All-Knowing, and praise be to Allah the Lord of all Worlds."

Dua to  
Recite During  
Laylatul Qadr



## DU'A TO ASK FOR **FORGIVENESS**



اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

"O Allah, You are the Most forgiving, and You love to forgive, so forgive me."



## DU'A TO ASK FOR **PROTECTION FROM HELLFIRE**



اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ، وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالنَّارِ

"O Allah, I ask of Your pleasure and for Paradise, and I seek refuge from Your displeasure and from the Hellfire."



## DU'A TO **SEEK GUIDANCE FROM ALLAH ALMIGHTY**



اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَى وَالتَّقَى وَالعِفَافَ وَالعِنْيَ

"O Allah, I ask You for guidance and piety, and abstinence (from the unlawful) and modesty, and contentment and sufficiency."



## DU'A TO ASK FOR THE RIGHT **DIRECTION TOWARDS THE GUIDED PATH**



اللَّهُمَّ اهْدِنِي، وَسِدِّدْنِي

"O Allah! Direct me to the Right Path and make me adhere to the Straight Path."



## DU'A TO ASK FOR **WISDOM**



اللَّهُمَّ أَنْفَعْنِي بِمَا عَلَّمْتَنِي وَعَلِّمْنِي مَا يَنْفَعُنِي وَزِدْنِي عِلْمًا

"O Allah, benefit me with what You have taught me, and teach me that which will benefit me, and increase me in knowledge."



## DU'A FOR YOUR PARENTS



رَبِّ اَرْحَمُهُمَا كَمَا رَبَّيْتَانِي صَغِيرًا

“My Lord, have mercy upon them (parents) as they brought me up [when i was] small.”



## DU'A TO SEEK GOOD HEALTH



اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ، وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

“O Allah, make me healthy in my body. O Allah, preserve my hearing. O Allah, preserve for me my sight. There is none worthy of worship but You. O Allah, I seek refuge in You from disbelief and poverty and I seek refuge in You from the punishment of the grave. There is none worthy of worship but You.”

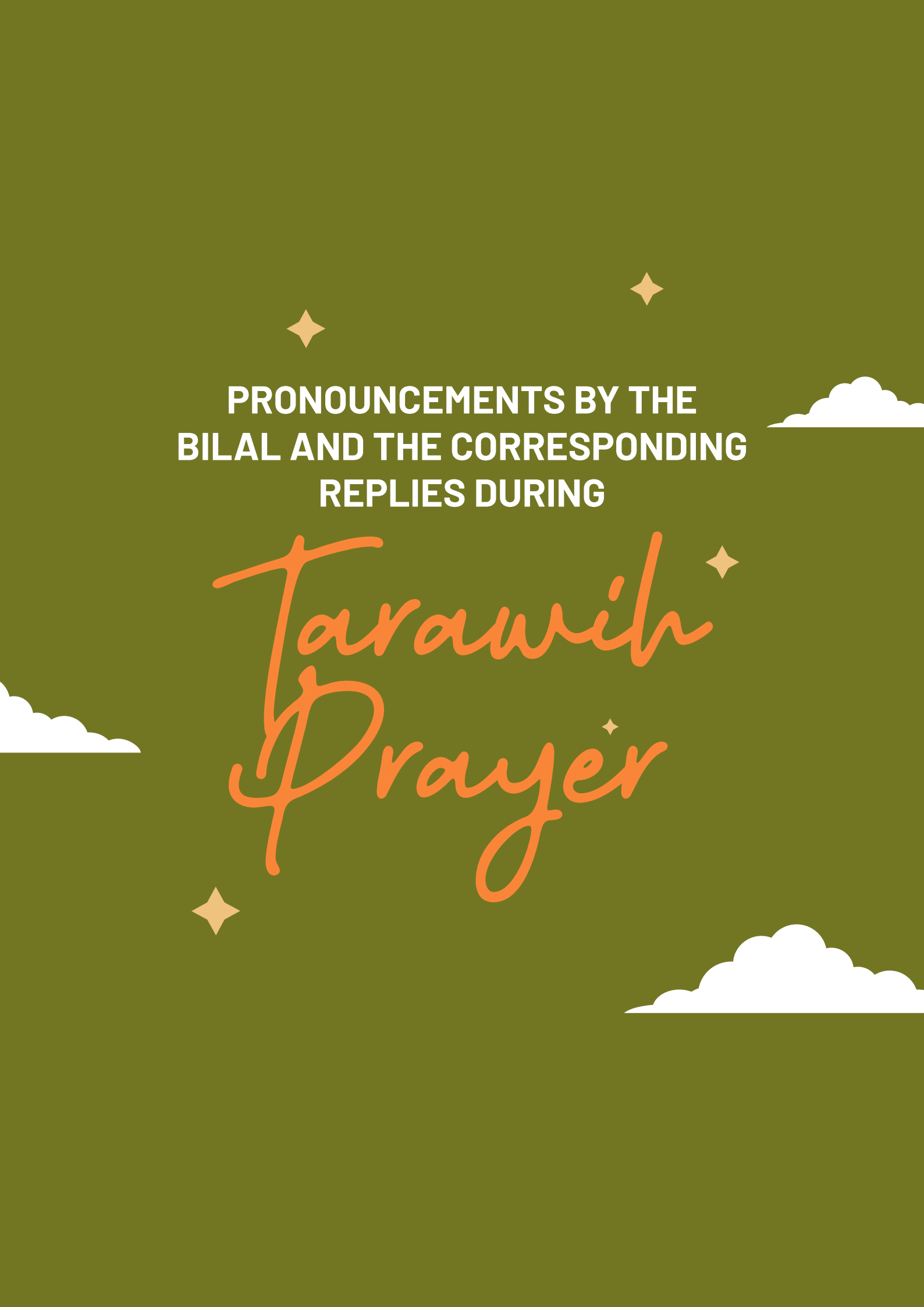


## DU'A TO SEEK PROTECTION FROM CALAMITIES



إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ، اللَّهُمَّ اجْرُنِي فِي مُصِيبَتِي، وَاخْلُفْ لِي خَيْرًا مِنْهَا

“To Allah we belong and unto Him is our return. O Allah, recompense me for my affliction and replace it for me with something better.”

The background is a solid olive green color. It features several decorative elements: four orange four-pointed stars scattered across the upper and lower portions, and three white, stylized cloud shapes positioned at the top right, middle left, and bottom right.

PRONOUNCEMENTS BY THE  
BILAL AND THE CORRESPONDING  
REPLIES DURING

*Tarawih  
Prayer*

## BILAL

صَلُّوا سُنَّةَ التَّرَاوِيحِ رَكَعَتَيْنِ جَامِعَةً رَحِمَكُمُ اللَّهُ

*Sollu sunnatan tarawih, raka'ataini ja'miah, rahimakumullah*  
Pray the Tarawih prayer, two rakaat, in congregation,  
may Allah have mercy upon you all.

## CONGREGATION RESPONDS

رَحِمَكُمُ اللَّهُ

*Rahimakumullah*  
May Allah have mercy upon you all.

## BILAL

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ

*Allahumma solli ala Sayyidina Muhammad*  
O Allah, send peace & blessings upon Sayyidina Muhammad.

## CONGREGATION RESPONDS

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَيْهِ

*Allahumma solli wa sallim alaih*  
O Allah, send peace and blessings upon him  
(Sayyidina Muhammad sallallahu alahi wasallam).

**BILAL**

فَضْلًا مِنَ اللَّهِ وَنِعْمَةً

*Fadlam-minAllahi wa ni'mah*  
**Grace is from Allah, and bounties too.**

**CONGREGATION RESPONDS**

وَمَغْفِرَةً وَرَحْمَةً

*Wa maghfirahta- wa rahmah*  
**And forgiveness and mercy too.**

**BILAL**

الْخَلِيفَةُ الْأُولَى سَيِّدُنَا أَبُو بَكْرٍ الصِّدِّيقُ رَضِيَ اللَّهُ عَنْهُ

*Al-Khalifatul awwal, Sayyidunna Abu Bakar as-Siddiq, radhiAllahu anhu*  
**The First Caliph, Sayyiduna Abu Bakr as-Siddiq, may Allah be pleased with him**

**CONGREGATION RESPONDS**

رَضِيَ اللَّهُ عَنْهُ وَنَفَعْنَا بِهِ فِي الدِّينِ وَالْدُنْيَا وَالْآخِرَةِ

*RadhiAllahu anhu, wanafa'na bi hi fi-deeni wad-dunya wal-akhirah*  
**May Allah be pleased with him and we benefit from him in our religion, our worldly life and our Afterlife.**

The Bilal will repeat this for the 2nd, 3rd and 4th Caliphs: Sayyidina Umar ibn Khattab, Sayyidina Uthman bin Affan and Sayyidina Ali bin Abi Talib, and for each Caliph, the response from the congregants is the same.

# LET GO OF BAD HABITS!



My bad Habit	What Should I Do to Break It?



My Ramadan Goals	How to Accomplish This Goal?



# RAMADAN TO-DO LIST

Ramadan Day 1

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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To-do list:

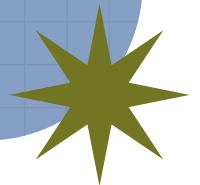
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 2

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

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Today's Qur'an Reflection \_\_\_\_\_

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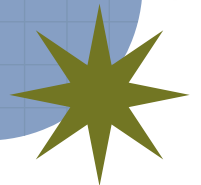


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

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Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 3

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

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Today's Qur'an Reflection \_\_\_\_\_

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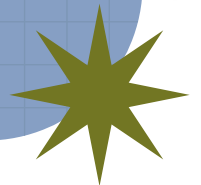


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 4

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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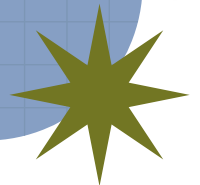
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

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Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 5

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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To-do list:

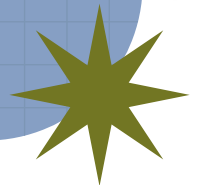
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

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Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 6

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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To-do list:

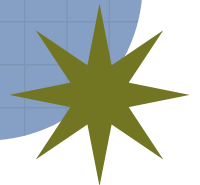
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

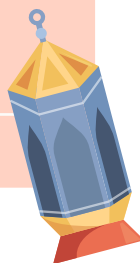
Water Intake:



Sleep Hours:

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Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 7

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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To-do list:

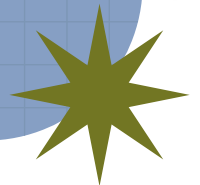
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 8

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

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To-do list:

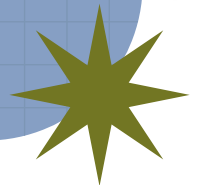
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

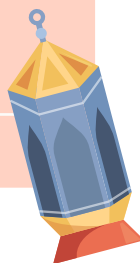
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 9

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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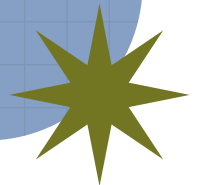


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 10

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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\_\_\_\_\_

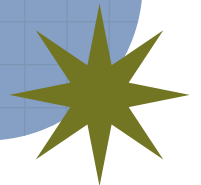


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 11

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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\_\_\_\_\_

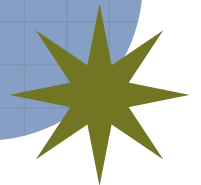


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 12

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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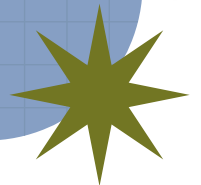


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:





# RAMADAN TO-DO LIST

Ramadan Day 14

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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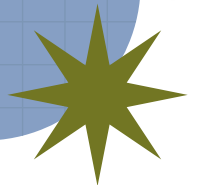


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 15

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

To-do list:

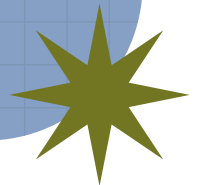
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 16

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

To-do list:

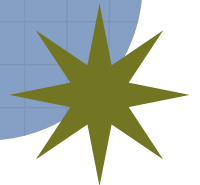
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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

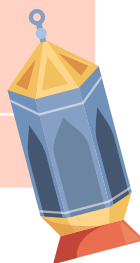
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 17

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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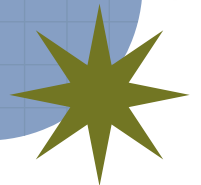


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



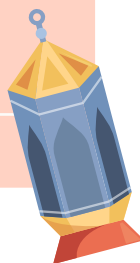
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 18

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Today's Qur'an  
Reflection \_\_\_\_\_

\_\_\_\_\_  
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To-do list:

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Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

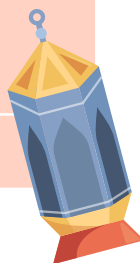
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 19

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

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Today's Qur'an Reflection \_\_\_\_\_

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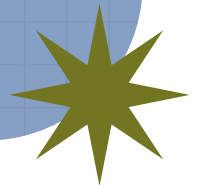


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker

Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 20

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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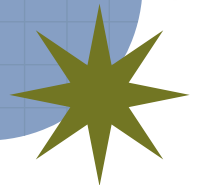


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



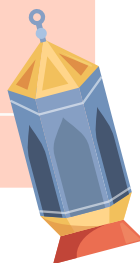
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 21

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

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Today's Qur'an Reflection \_\_\_\_\_

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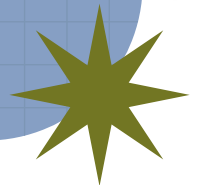


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 22

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

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Today's Qur'an Reflection \_\_\_\_\_

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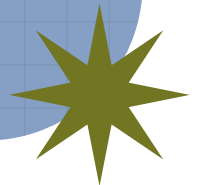


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 23

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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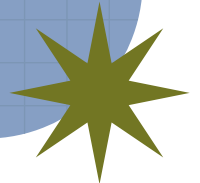


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 24

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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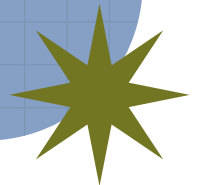


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 25

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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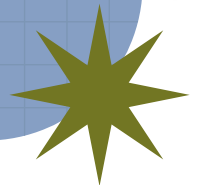


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 26

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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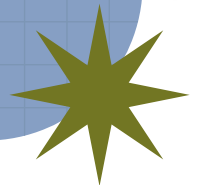


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



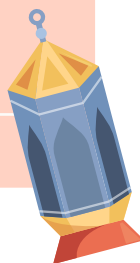
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 27

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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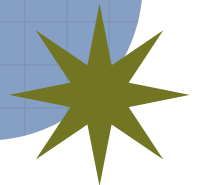


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



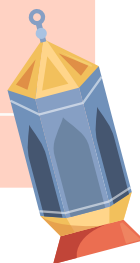
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 28

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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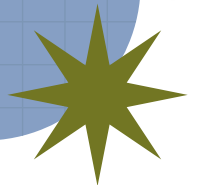


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



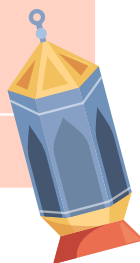
Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 29

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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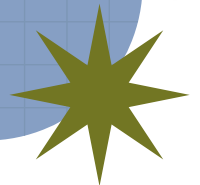


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:



# RAMADAN TO-DO LIST

Ramadan Day 30

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

To-do list:

- \_\_\_\_\_
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Today's Qur'an Reflection \_\_\_\_\_

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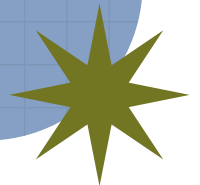


Dhikr Counter

Type of Dhikr:

Meaning:

Dhikr Count:



Health Tracker



Water Intake:



Sleep Hours:

\_\_\_\_\_

Physical Activity:





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