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SAYYID AL-ISTIGHFAR: THE BEST WAY OF SEEKING FORGIVENESS

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ
وَوَعْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ
وَأَبُوءُ بِذَنْبِي ، فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allāhumma Anta Rabbī, lā ilāha illā Ant, khalaqtanī wa ana ‘abduk, wa
ana ‘alā ‘ahdika wa wa’dika mā’sata’t, a’ūdhu bika min sharri mā
ṣana’t, abū’u laka bi ni’matika ‘alayya wa abū’u laka bidhambī fa-ghfir
lī fa-innahū lā yaghfiru-dh-dhunūba illā Ant.

O Allah, You are my Lord. There is no god except You. You have created me, and I am Your slave, and I am under Your covenant and pledge (to fulfil it) to the best of my ability. I seek Your protection from the evil that I have done. I acknowledge the favors that You have bestowed upon me, and I admit my sins. Forgive me, for none forgives sins but You.

PROTECT YOURSELF FROM ANXIETY, LAZINESS, DEBT & MORE

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ ، وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ ،
وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ ، وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

Allāhumma innī a'ūdhu bika min-l-hammi wa-l-ḥazan, wa a'ūdhu bika min-l-'ajzi
wa-l-kasal, wa a'ūdhu bika min-l-jubni wa-l-bukhl, wa a'ūdhu bika min
ghalabati-d-dayni wa qahri-r-rijāl.

**O Allah, I seek Your protection from anxiety and grief. I seek Your protection
from inability and laziness. I seek Your protection from cowardice and
miserliness and I seek Your protection from being overcome by debt and being
overpowered by men.**

PROTECT YOURSELF FROM THE FOUR EVILS

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ رَبِّ كُلِّ شَيْءٍ
وَمَلِيكَهُ ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي ، وَمِنْ شَرِّ
الشَّيْطَانِ وَشِرْكِهِ ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا ، أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

Allāhumma 'ālima-l-ghaybi wa-sh-shahādah, fāṭir-as-samāwāti wa-l-arḍ,
rabba kulli shay'in wa malīkah, ash-hadu al-lā ilāha illā Ant, a'ūdhu bika min
sharri nafsī wa min sharri-sh-shayṭāni wa shirkihi wa an aqtarifa 'alā nafsī
sū'an aw ajurrahū ilā muslim.

O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Sovereign of everything; I bear witness that there is no god but You. I seek Your protection from the evil of my own self, from the evil of Shaytān and from the evil of polytheism to which he calls, and from inflicting evil on myself, or bringing it upon a Muslim.

ENTRUST ALL YOUR MATTERS TO ALLAH

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا
تَكِلْنِيْ إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

Yā Ḥayyu yā Qayyūm, bi-raḥmatika astaghīth, aṣliḥ lī sha'nī kullah, wa lā takilnī ilā nafsī ṭarfata 'ayn.

O The Ever Living, The One Who sustains and protects all that exists; I seek assistance through Your mercy. Rectify all of my affairs and do not entrust me to myself for the blink of an eye.

FULFIL YOUR OBLIGATION TO THANK ALLAH

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ ،
فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ ، فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

Allāhumma mā aṣbaḥa bī min ni‘matin aw bi-aḥadim-min khalqik,
fa-minka waḥdaka lā sharīka lak, fa laka-l-ḥamdu wa laka-sh-shukr.

**O Allah, all the favours that I or anyone from Your creation has
received in the morning, are from You Alone. You have no partner.
To You Alone belong all praise and all thanks.**

START YOUR DAY BY RENEWING TAWHID

أَصْبَحْنَا عَلَىٰ فِطْرَةِ الْإِسْلَامِ ، وَعَلَىٰ كَلِمَةِ الْإِخْلَاصِ ، وَعَلَىٰ
دِينِ نَبِيِّنَا مُحَمَّدٍ ، وَعَلَىٰ مِلَّةِ أَبِيْنَا إِبْرَاهِيمَ حَنِيفًا مُّسْلِمًا وَمَا
كَانَ مِنَ الْمُشْرِكِينَ

Aṣḥaḥnā ‘alā fiṭrati-l-islām. wa ‘alā kalimati-l-ikhhlāṣ, wa ‘alā dīni
Nabiyyinā Muḥammadin ṣallallāhu ‘alayhi wa sallam, wa ‘alā millati abīnā
Ibrāhīma ḥanīfam-muslima, wa mā kāna min-l-mushrikīn.

**We have entered the morning upon the natural religion of Islam, the word of
and ﷺ pure faith (i.e. Shahādah), the religion of our Prophet Muhammad
upon the way of our father Ibrāhīm, who turned away from all that is false,
.having surrendered to Allah, and he was not of the polytheists**

START THE MORNING BY PRAISING ALLAH

أَصْبَحْتُ أُثْنِي عَلَيْكَ حَمْدًا ، وَأَشْهَدُ
أَنْ لَا إِلَهَ إِلَّا اللَّهُ

Aṣbaḥtu uthnī ‘alayka ḥamdā, wa ash-
hadu al-lā ilāha illāl- Allāh.

**I have entered the morning praising You, and I bear
witness that there is no god but Allah.**

*to be repeated 3 times

ASK ALLAH TO BLESS YOUR DAY

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ رَبِّ الْعَالَمِينَ ، أَللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ
هَذَا الْيَوْمِ ، فَتَحَهُ وَنَصْرَهُ وَنُورَهُ وَبَرَكَاتَهُ وَهُدَاهُ وَأَعُوذُ بِكَ مِنْ شَرِّ مَا
فِيهِ وَشَرِّ مَا بَعْدَهُ

Aṣḥaḥnā wa aṣḥaḥa-l-mulku li-llāhi Rabbi-l-‘ālamīn, Allāhumma innī as‘aluka
khayra hādha-l-yawm, faṭḥahū wa naṣrahū wa nūrahū wa barakatahū wa
hudāhū, wa a‘ūdhu bika min sharri mā fihi wa sharri mā ba‘dah.

We have entered the morning and at this very time the whole kingdom belongs to Allah, Lord of the Worlds. O Allah, I ask You for the goodness of this day: its victory, its help, its light, and its blessings and guidance. I seek Your protection from the evil that is in it and from the evil that follows it.

ALLAH WILL SUFFICE YOU IN EVERYTHING

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ ، وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

Ḥasbiya-Allāhu lā ilāha illā Hu, ‘alayhi tawakkaltu, wa
Huwa Rabbu-l-‘Arshi-l-‘aẓīm.

**Allah is sufficient for me. There is no god but Him. I have
placed my trust in Him only and He is the Lord of the
Magnificent Throne.**

*to be repeated 7 times

PROTECT YOURSELF FROM ALL HARM

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ ، وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismi-llāhi-lladhī lā yaḍurru ma'smihi shay'un fi-l-
arḍi wa lā fi-s-samā', wa Huwa-s-Samī'u-l-'Alīm.

**In the Name of Allah, with whose Name nothing
can harm in the earth nor in the sky. He is the
All-Hearing and All-Knowing.**

*to be repeated 3 times

GET YOUR SINS FORGIVEN

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subḥāna-llāhi wa bi ḥamdih.

**Allah is free from imperfection, and all
praise is due to Him.**

*to be recited 100 times

AN UNPARALLELED REWARD

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā ilāha illā-Allāh, waḥdahū lā sharīka lah, lahu-l-mulk,
wa lahu-l-ḥamd, wa Huwa ‘alā kulli shay’in Qadīr.

There is no god but Allah. He is Alone and He has no partner whatsoever. To Him Alone belong all sovereignty and all praise. He is over all things All-Powerful.

*to be recited 100 times

TASBIH, TAHMID AND TAKBIR

سُبْحَانَ اللَّهِ ، الْحَمْدُ لِلَّهِ ، اللَّهُ أَكْبَرُ

Subḥāna-Ilāh. Alḥamdu li-Ilāh, Allāhu akbar.

Allah is free from imperfection. All praise be to Allah.

Allah is the Greatest.

*to be recited 100 times

RECEIVE THE INTERCESSION OF THE PROPHET MUHAMMAD ﷺ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ
إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ
عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ

Allahumma Sallil Ala Muhammadiw Wa Ala Aali Muhammadin Kamaa Sal'aita
Ala Ibrahima Wa Ala Aali Ibrahima Inna'ka Hamidum Majid. Allahumma Baarik
Ala Muhammadiw Wa Ala Aali Muhammadin Kamaa Baarakta Ala Ibrahima Wa
Ala Aali Ibrahima Inna'ka Hamidum Majid.

O Allah, let Your Blessings come upon Muhammad (Peace Be Upon Him) and the family of Muhammad (Peace Be Upon Him), as you have blessed Ibrahim and his family. Truly, You are Praiseworthy and Glorious. Allah, bless Muhammad and the family of Muhammad, as you have blessed Ibrahim and his family. Truly, You are Praiseworthy and Glorious.

SEEK FORGIVENESS AND REPENT

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

Astaghfiru-l-Ilāh wa atūbu ilayh.

**I seek Allah's forgiveness and turn to Him in
repentance.**

*to be repeated 100 times

4 PHRASES THAT OUTWEIGH ALL OTHER DHIKR

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِنَةَ
عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ

Subḥāna-llāhi wa bi ḥamdih, 'adada khalqih, wa riḍā nafsih, wa
zinata 'arshih, wa midāda kalimātih.

Allah is free from imperfection and all praise is due to Him, (in ways) as numerous as all He has created, (as vast) as His pleasure, (as limitless) as the weight of His Throne, and (as endless) as the ink of His words.